

## **WOMEN'S PREGNANCY LOSS GROUP:**

---

**For women who have experienced  
miscarriage, stillbirth,  
or neonatal loss**

---

*This group will provide a safe and supportive environment to:*

- *Acknowledge, identify, and process your feelings/concerns*
  - *Receive support and feedback regarding your experience*
  - *Work toward understanding your loss and bereavement*
  - *Gain skills to cope with your grief reaction*
- 

**Group meets Thursdays  
in San Luis Obispo**

• **Time: 5:30-7:00pm**      • **Cost: \$40/group**

**Group Leader: Michelle L. Hobby, Ph.D.**

Michelle Hobby is a licensed Clinical psychologist who has been working in the mental health field since 1996. She has professional, educational, and personal experience with pregnancy loss & the bereavement process.

Please call (805) 459-8117 for any questions or information.  
Individual meeting is conducted prior to beginning group.  
Individual therapy is also available.

**Michelle L. Hobby Ph.D.**

Licensed Clinical Psychologist  
Phone (805) 459-8117  
[www.DrMichelleHobby.com](http://www.DrMichelleHobby.com)