

## WOMEN'S PREGNANCY LOSS GROUP:

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**For women who have experienced  
miscarriage, stillbirth,  
or neonatal/infant loss**

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*This group will provide a safe and supportive environment to:*

- *Acknowledge, identify, and process your feelings/concerns*
  - *Receive support and feedback regarding your experience*
  - *Work toward understanding your loss and bereavement*
  - *Gain skills to cope with your grief reaction*
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**Group meets two Mondays of every month  
in Scripps Ranch, San Diego**

• **Time: 5:30-7:00pm**      • **Cost: \$20/group**  
(financial assistance is available to those that qualify)

**Group Leader: Michelle L. Hobby, Ph.D.**

Michelle Hobby is a licensed Clinical psychologist who has been working in the mental health field since 1996. She has professional, educational, and personal experience with pregnancy loss & the bereavement process.

Please call (858) 414-2523 for any questions or information.

Pre-registration is required prior to beginning group.

Individual therapy is also available.

**Michelle L. Hobby Ph.D.**

Licensed Clinical Psychologist  
Phone (858) 414-2523  
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